Another Memorable Trip to Italy

Nine eager and wide-eyed students set off to explore the rich culture and history of this mesmerising and exhilarating country.

Sad goodbyes at Melbourne airport were soon forgotten as the group arrived in Italy soon settling in with their host families in Bari, before going to school for five days at the Romanazzi Institute and exploring the Puglia region with our hosts on afternoon excursions.

Old friendships were strengthened and new friends made. The Bari experience left us feeling rich and rewarded.

Other highlights included:

- **Rome** - the Colosseum, the Vatican, the Arch of Constantine, the Trevi Fountain,
- **Florence** - viewing the art of Botticelli
- **Venice** — a gondola ride and a stunningly decorative St Mark’s Church
- **Milan** — La Scala Opera House and viewing Leonardo Da Vinci’s “The Last Supper”.

Una bella avventura!

_Adele Fattore_

2007 Years 7 & 9 AIM test results

For the sixth consecutive year our Year 7 students have performed equal to or above the state average (which includes all state, Catholic and independent schools in Victoria) in all four areas that were examined in the AIM tests: Reading, Writing, Spelling and Mathematics. This is the first year that Year 9 students have completed the AIM and they also have performed above the state average in all areas. This is an extremely satisfying result and augurs well for our students in the future.

Our results were significantly better than those of ‘like’ schools – ‘like’ schools being those who have demographically similar populations.

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The AIM results will be distributed with the end of semester reports unless parents / guardians provide a note authorising their child to collect them.
Principal’s Report

“I want my children to understand the world, but not just because the world is fascinating and the human race is curious. I want them to understand it so that they will be positioned to make it a better place.” Harvard Professor Howard Gardner

As a school community we are dedicated to supporting our students as they learn and grow in a range of ways so they can develop skills and attributes, deepen their understanding and apply their knowledge while finding their personal pathway and ways to contribute. It is through such learning and growth that they can be positioned to build healthy successful lives and make their community and world, a better place.

There is no one subject, one class, one experience that makes this happen. It is the range and combination of life and learning experiences, supported by families, teachers, support staff, schools and communities. It is truly delightful to see students learn, grow and develop in such ways.

• This week, our Year 7 students are sponsoring a “Donate for Dylan Day” to raise funds for the Dylan Hartung Foundation to support an 8-year old Melbourne boy and NHS friend in his fight against cancer.

• Our Year 8 groups have started their Term 4 camps. These camps are designed to support and stretch our students, personally and physically, with the camp activities and their overnight hike.

• Year 9 and 10 students have just returned from their inter-state Tasmania Tour.

• Geography fieldwork and Science lab trips are taking place weekly.

• As we draw to the end of our first full year of our Leading Schools Fund Project, our Year 9 students are involved in a range of Assessment by Exhibition presentations reflecting some of the work and learning within our new Year 9 Program and Global Citizenship Centre.

• Captains Council have made the selection of Meliora Sequamur Award recipients. These are awards for students by students. The Captains Council will recognise students in Year 9 and Year 10 who have made a Positive Change and also those who have made significant Contribution & Commitment.

• VCE exams are about to start. Students have been focused and working with their teachers to prepare for these important exams, understanding it is a serious time for focus. We say, “Good luck to all on the exams” knowing that there is great truth to the saying that “Luck is when preparation meets opportunity”.

• We were able to see the results of such hard work and preparation during the Senior Music Concert and at our NHS Art Show and Fashion Parade. These events displayed and highlighted some of the outstanding performances, creations and accomplishments of our VCE students.

• Our NHS student ambassadors who recently returned from Italy presented to the whole staff, sharing their reflections and international insights including building relationships with our Italian friends at our Sister School in Bari.

• Our teacher ambassador group shared on their trip to our Sister School in Huaibei, China and also reflected on the learning and insights that will be translated back into their classrooms.

Back To Boho and Back To NHS

As a school, we have also held two celebrations that remind us of the power of our school experiences. We held a ceremony to return the school flag and host a reunion for students of Boho South State School. The 90+ people attending were ex-students and teachers over the past 60 years. All there were very happy to know that NHS has cared for their special place as our school camp for over 25 years. We also held our Back To Afternoon for our NHS ex-students. It was wonderful to hold it in our Global Citizenship Centre and describe the programs and student experiences taking place in our new centre.

University of Melbourne Voice – Schools That Work

Finally, I want to share that in the most recent University newsletter, the University of Melbourne Voice, NHS and our students were part of the article, Schools That Work. In this article, Katherine Smith describes some of the findings within current University research including bigger schools’ effectiveness, the importance of early/middle years’ focus and programs, and the importance of a student’s strong sense of purpose about his/her education. The research also speaks of the balance between “young people’s development, and their sense of possibility and capacity, with a pragmatic focus on creating real opportunities for later life”. You can read this article and see our students on http://uninews.unimelb.edu.au/articleid_4670.html

Gail Davidson
Principal
Thinking about water

On October 10th, Ms Kelly’s year 10 geography class and myself were visited by a guest speaker named Rosie Wheen who is from WaterAid, which is an organization working to ensure that people in less fortunate countries have access to clean water as well as sanitation.

It was a fascinating experience; it opened up my eyes to the real story that many of us often don’t get told or just miss out on. However at the same time it was quite scary because somewhere out there in the world a child is dying every 15 seconds because they do not have clean fresh drinking water, that’s 5000 children each day.

The inequality in this world never fails to leave me startled, how is it that we here can maintain relatively beautiful green lawns while people out there are struggling more with each passing day to stay alive. We are all entitled to our human rights, if this is so why are millions of people dying or don’t have water which we all know is the source to life and why are people locked into a cycle of poverty and disease.

WaterAid and its partners use practical solutions to provide safe water, effective sanitation and hygiene education to the world’s poorest people. They always use technologies that are low cost, appropriate to the local financial and geographical conditions and within the technical capacity of the benefiting community to operate and maintain so that communities are responsible and feel a sense of ownership.

WaterAid works within 17 countries in Africa, Asia and the Pacific Region trying to create a better quality of life and giving people a fighting chance.

I believe that governments should be made to fulfill their basic responsibilities and become accountable to the people they exist to serve. I make it my mission to encourage people to lend their support and make their voices heard. We can make a difference if we have a will to.

At Northcote High we get spoken to about teamwork a lot and the importance of it that’s why I hope that everyone who reads this will realise how serious this is but most importantly that we can tackle the water poverty crisis and come out as winners if we all work as a team.

Just remember If not us, who? If not now, when?

Visit: www.endwaterpoverty.org

http://www.wateraid.org/australia/

Ivona Lonac (year 10)

Yr 11 Geographers investigate Docklands

On Tuesday 16th October, 50 year 11 students participated in a Geography fieldwork excursion examining the spatial change over time to the Docklands area.

They surveyed visitors to the area, conducted detailed fieldwork and were lucky enough to view the city from the 88th floor from the Eureka building. Students enjoyed ‘the open spaces, and future plans for this urban renewal site’ as well as ‘interviewing the public’ and ‘conquering our fear of heights’.

Ms Kelly

Enthusiastic Year 11 geographers at the Docklands.
A student’s view of The Italy Tour

On the 22nd of September, two teachers and nine students met at Melbourne airport to leave for the Italian Study Tour.

We arrived in Rome and went straight to Bari in southern Italy where we stayed with host families for five days whilst attending school at the Romanazzi Institute. All of the host families were very friendly and fed us plenty of Italian food!

Next we went to Rome. We saw sites such as the Vatican, the Colosseum and the Trevi Fountain.

The group then travelled to Florence where we brushed up on our Italian skills and attended the ABC language school for three days. When not at school we explored the beautiful city of Florence. We spotted many bargains at the famous San Lorenzo Market! From Florence we also had a day trip to Pisa where we saw the famous Leaning Tower of Pisa.

Afterwards we went to Venice where we all went on a gondola ride. The group visited Murano where they blow glass and Burano where they make lace by hand.

Milan was our last stopover where we saw Leonardo’s masterpiece “The Last Supper” as well as the famous fashion houses.

We arrived back in Melbourne on the 10th of October.

The highlight of the trip for me was Venice. The canals with all the various colourful water craft going about their daily business was something I will never forget. I also enjoyed my stay with the host family as I experienced day-to-day Italian family life.

The Italian study tour was an amazing experience and we all had a great time. Thankyou to Ms Fattore and Ms Anderton for giving us the opportunity for such an experience!

Molly Caddy

Teen Idol Grand Finalist

On Sunday 7th October, Tiana Stamenkovic of 7F competed in the Teen Idol Grand Final at Federation Square.

The competition was tough, Tiana competed against 18 others on the night after making it through state-wide heats and a semi-final.

She sang “Respect” by Aretha Franklin and gave a fantastic performance to a huge audience, including some of her classmates.

Congratulations Tiana, we can’t wait to see more!

Ms Neilson
2007 End of Year Activities Program

Northcote High has traditionally run an Activities Week program in the second last week of the school year after formal classes finish, and we're doing so again in 2007. It's a chance for students to celebrate friendships formed with each other and their teachers! Across the year in a relaxed, fun atmosphere. This year the Program runs for four days from Thursday the 13th to Tuesday the 18th of December.

There are various active, social, and crafty activities to cater for a variety of interests, and many are free or involve a low cost. Students can be encouraged to save for the activity they want to take part in!

Forms and further details will be distributed to students this week and current information will also be placed on the school website. Students will be required to select activities from those available and return forms promptly with payment to ensure their preferences have the best chance of being realised. As you will appreciate several activities have limited space for students so it’s ‘first-in-first-to-go’.

Forms and payment are due by Friday 9th of November. There can be no refunds once this date passes, as final numbers will determine costing for transport and discounted entry fees to most activities. Teachers at NHS will be supervising the activities both in school and out of school and appropriate safety and excursion procedures will be followed.

If your child will not be attending Activities Week, you should inform their year level co-ordinator on 9488 2300. If you have any queries about the activities offered, please contact either Donal Uahwatanasakul or Damien Hoban on 9488 2300.

2007 End of Year Activities Co-ordinators

Building Relationships in China

During the recent holiday break, a group of eight teachers toured China and visited our sister school, Huaibei No 1 High School. It was wonderful to catch up with staff and students from Huaibei as some had recently visited us at Northcote. We participated in classes, held discussions on future developments in education and established warm relationships. We also toured some of the famous and historic parts of China, including Shanghai, Xi’an and Beijing. There were many highlights, including visits to the Hua Mountains, entombed warriors, summer palace, forbidden palace and the great wall. The participating teachers were Mr Peter Lewis, Mr Chris Manousopoulos, Mr Tass Tsoumis, Mr Bob Olson, Mr Nick Murphy, Mr Chris Erlandsen, Ms Sue Cummins and Ms Pam Mancell. It was a wonderful experience which further enhanced our sister school relationship. Ms Mancell

Safe Partying Forum

Last week, on the 10th of October, the year 12s took time out of their busy study schedule to attend a Safe Partying forum in the school library. Sonya, our first speaker, had been involved in the hospitality industry for over ten years. Her talk was informal and was received especially well because rather than denying and condemning the party/club scene, she provided us with an informative account of her experiences as a crowd controller.

There was a lot of information regarding alcohol and drugs and how to protect yourself and friends. Regardless of the topic she was discussing, her talk always revolved around our safety.

Following Sonya were speakers from Moreland Hall who specialised in the area of drug abuse and rehabilitation. Their presentation provided us with facts about Amphetamines, Cannabis and Alcohol. They corrected many myths surrounding drug use and was especially helpful because they allowed all students to ask questions whenever they did not understand something or wanted additional information.

The talks were followed by a sausage sizzle for all year 12s. Apart from being an informative and successful event, it was also well accepted by the students.

Jacob Erlandsen (Deputy School Captain)
Year 8 Geographers undertake fieldwork!

On Wednesday 17th October two Year 8 classes participated in fieldwork to the Toolangi State forest.

Here they learnt about the towering mountain Ash forests and the cool temperate rainforests located in the area. Students collected fieldwork data and enjoyed learning about this unique environments and fragile ecosystems. Thanks to Mr Devine for organising the fieldwork excursion.

Ms Kelly

Photo: Year 8 Geographers at Toolangi.

Dobson’s Uniform Shop

PH.: 94882317
OPENING HOURS: TUES. 12.30 - 4.00PM
FRID. 8.30 - 11.30AM

ORDERS

CUSTOMERS, PLEASE NOTE THAT WE WILL ONLY HOLD ORDERS ASIDE FOR 1 WEEK AFTER YOU HAVE BEEN NOTIFIED OF THEIR ARRIVAL, UNLESS ALTERNATIVE ARRANGEMENTS HAVE BEEN MADE WITH US.

IF OTHER CUSTOMERS REQUIRE THAT ITEM IT WILL BE SOLD TO THEM. IF WE HAVE BEEN UNABLE TO CONTACT YOU BY PHONE THEN PLEASE CHECK THE NOTICE BOARD OUTSIDE THE SCHOOL SHOP FOR YOUR NAME.

REMEMBER, WE DO NOT ACCEPT CHEQUES, BUT CAN DO CREDIT CARD TRANSACTIONS BY PHONE. WE ALSO HAVE ACCOUNTS SHOULD YOU WISH TO SET ONE UP WITH US.

SECONDHAND UNIFORMS

MAY BE DROPPED OFF AT THE GENERAL OFFICE IF WE ARE CLOSED, BUT PLEASE FILL OUT THE 2 FORMS THEY WILL PROVIDE AND ATTACH THEM TO THE BAG. IF YOU WANT TO BE PAID DIRECTLY YOU MUST SUPPLY YOUR BANK ACCOUNT NO. AND THE BSB. NO MORE TROUSERS AT THE MOMENT BUT WE NEED SKIRTS AND DRESSES.

EARLY BIRD SALE

IT IS NOW ON AND IT WILL LAST UNTIL 28TH OCTOBER, 2007. PURCHASE YOUR UNIFORM NOW AND SAVE!!!!!!
TERM 4 SPORTING NEWS

Term 4 still has many sporting events with the State Athletics being held at Olympic Park on Tuesday Oct 23rd. We have the following students representing Northcote High School; Zoe McWhinney Yr 7 (Long and Triple Jump), Nathan Jumeau Yr 10 (200m), Chris Aggelou Yr 8 (Triple Jump), Ryan Donaghey Yr 7 (Shot Put), Sean Bolger Yr 7 (Discus), David Worthington Yr 7 (Long Jump)

Other sports in which we competed in Term 3 and have won through to the Zone finals include:

Year 7 Boys Basketball, Hockey and Girls Squash

Year 8 Girls Hockey

Year 9/10 Girls Basketball and Squash, Boys Squash

We also won in Table Tennis in our District in Years 7 Girls, 9/10 Girls and 9/10 Boys

These table tennis teams played on Thursday 18th October at the home of Table tennis – MSAC – Our Yr 7 girls and 9/10 Boys teams finished equal first on games won but lost on points. This was an outstanding result – being so close to winning through to State level. All of their training and hard work got them so close to winning

Junior students have the chance to try out for Interschool competitions in Indoor Soccer (Reservoir S. C) and Indoor Cricket (near Greensborough) later in Term 4

On Friday October 19th a number of staff played a friendly game of indoor soccer against a team of our overseas students.

Indoor soccer was certainly the winner on the day.

Important Notice for Spectators

In line with our own local District, Northern Metropolitan Zone and State rules we do not allow students to attend Interschool Sporting competitions as spectators. We do encourage and select students to attend as substitutes, officials/assistant referees, timekeepers and scorers, coaches for junior teams, team managers and property stewards.

These roles are excellent in developing leadership qualities and allowing students to feel engaged with their school.

During late Term 3 some of our students attended two Interschool Sporting finals without the schools permission. Many parents/carers rang the school to advise us that their child/ward had gone to these matches often with or without their parents/carers consent. This arrangement led to extra supervision on the supervising coach who is trying to coach our school team. The excitement and logical support these students portray has unfortunately led to several complaints from other competing schools and negative incidences.

As Sport Director I urge parents/carers to understand our position and actively discourage their child/ward from attending any future Sporting events as spectators. If students do arrive in future uninvited we will be obliged to take action against them. The school will document our position on this issue and convey our rules to all students for 2008.

I emphasise the wonderful contribution parents and carers have delivered at a wide variety of our school sporting finals and do not wish to discourage any of you from attending in the future.

Craig Price (Sport Director)
The first Year 8 Boho South Camp of 2007 has already been. Students spent the first night in the bush in tents under stars as part of their bush hike. The also visited Shepparton where they went swimming at the pool and bowling. Students on the second last day rode horses at Stockman’s Reward near Eildon and visited the Snobs Creek fish hatchery as well as a BBQ lunch on the Eildon Pondage.

The rest of the Year 8 dates are:

The camp dates are:

8E       Tuesday 23rd Oct – Friday 26th Oct
8F       Tuesday 30th Oct – Friday 2nd Nov
8D       Tuesday 13th Nov – Friday 16th Nov
8C       Tuesday 20th Nov – Friday 23rd Nov
8A       Tuesday 27th Nov – Friday 30th Nov
8I       Tuesday 4th Dec – Friday 7th Dec
8B       Tuesday 11th Dec – Friday 14th Dec
8G       will possibly combine with 8C or 8I

WILSON’S PROMONTORY HIKING CAMP
Years 9 – 12

Monday 10th Dec – Friday 14th Dec

Twenty students from Year 9 to 12 have the opportunity to travel to Wilson’s Promontory National Park for 5 days. They will spend two nights at Tidal River and two nights on the overnight hikes. One night at Little Waterloo Bay and the other at Sealers Cove.

RETURN OF THE FLAG EVENT AT BOHO SOUTH

On Saturday 13th October over 90 ex-students and family form the former Boho South State School returned to their former school now the Northcote High School Campsite for a reunion and the return of the “School Flag”. The Flag was used by the Boho South students when they represented the school during sports carnivals and was kept safe by an ex-student Charlie Chapman for the past 30 years. Northcote High has had the Flag framed as is now on the wall at the campsite.

Charles Greene attended the school in 1924 told stories of what it was like in there back then as did many of the other ex-students. Three ex-teachers also made it to the day and are pictured with the Flag. It was a very enjoyable day for all who attended and many appreciated that Northcote High was still looking after their old school.

Mr. R. Griffiths Camps Coordinator

TASMANIAN TOUR Year 9 & 10 Camp

Thirty one students and three teachers have just returned from Tasmania. While there they visited Port Arthur, including a ghost tour at night and a return in the daylight to see the past penal settlement. Other highlights included Mt. Field National Park, historic Hobart, the Cadbury Chocolate factory and Cataract Gorge Launceston.
Short school notices

ACE PROGRAM TESTING
Applications are invited for ACE Program places for Year 8 and 9 students in 2008. Students currently in Years 7 and 8 may apply for entry into the ACE Program. ACE Program testing - testing will take place in Term 4. ACE Application Forms are available from the General Office. **Application forms are available from the general office and all applications must be submitted with payment no later than Friday October 26th, 2007.** Further information and enquiries can be made to Mrs Rosemary Butera or Ms Kate Morris.

MESSAGE FOR ALL YEAR 9 PARENTS AND STUDENTS
All year 9 students and teachers will be participating in a Reach Secondary School Workshop on Friday 9th November for the day.
The workshop is designed to promote self esteem, confidence and positive peer dynamic. This workshop will be held at the Reach Foundation in Wellington St, Collingwood and afterwards there will be a picnic lunch on the banks on the Yarra River.
Regards, Jane Archer and Martin Ramsay Year 9 Co-ordinators.

YEAR 7 AIM RESULTS
The Year 7 AIM test results are now available. If you would like your child to pick up their results from school please give them a note authorizing them to do so. Otherwise the AIM results will be distributed with the end of year reports. Mr Neal Year 7 Co-ordinator

SAFETY ON ST. GEORGE’S ROAD
Parents are asked to discuss safety on St. George’s Rd with their children. With almost 1,300 students spilling out of the school at the end of the day, road safety is vital. Students should always use the lights to cross St. George’s Rd, whether a Crossing Supervisor is there or not.

Community Mail Bag

ITEMS FOR SALE
Girls Bedroom Suite
White single bed, bedside table. Dressing table with mirror, Student desk with corner shelving
Good Condition. Ring 94656131 or 0402069867

Spring Into Compost
Until December 14 2007, residents can buy discounted compost bins ($25), worm farms ($50) and Tumbleweed rotating composters ($130). These prices included free delivery in Darebin. During the promotion, Council also runs free composting and worm farming and sustainable gardening workshops to help residents get their new system underway. Last year, a waste audit of household rubbish bins found that nearly half of all the items contained in the rubbish bin is food scraps and green waste. Most of these materials are perfect for composting and worm farming, which will dramatically reduce the amount of waste sent to land fill and make a fantastic product for your garden. To order your compost bin or worm farm simply download an order form from [www.darebin.vic.gov.au/composting](http://www.darebin.vic.gov.au/composting) or phone Customer Service on 8470 8888.

Healthy & Sustainable Gardens
Together with other local Councils, Darebin is offering residents recycled and discounted Mulch ($30/cubic metre) and Compost ($40/cubic metre). Mulch is a great way to retain water in your garden and will be ideal for the upcoming summer months. You can contact the following suppliers to personally pick up your compost or mulch or arrange delivery. This offer is available until December 14 2007 also.

Evetts Building and Garden Supplies, 55 Victoria Road, Northcote; Tel 9482 5858
Green Planet Pty Ltd, 480 Cooper Street, Epping; Tel 9408 4555
Coburg Sand and Soil, 154 – 156 Gaffney Street, Coburg; Tel 9354 2299
SUSTAINABLE GARDENING

Join us for to learn more about Sustainable Gardening

Find out HOW at our Sustainable Gardening Workshop

Northcote Highlights are hosting a series of Sustainable Homes Workshops in partnership with the City of Darebin.

To register phone NHS ☏ 9488 2300 or 9488 2328 or complete the form below or just come along!

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<td>How to create a Sustainable Garden?</td>
<td>Tuesday 30th October 2007</td>
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<tr>
<td>Showcasing Sustainable Homes</td>
<td>Wednesday 21st or Saturday 24th November 2007 (TBC)</td>
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TIME: 7 pm – 9 pm
WHERE: Northcote High School Library

Snacks served from 6.45 pm.
More information to follow on the Sustainable Homes Tour.

The aim of these workshops is to help you create a more Sustainable Home and we would also like to keep you informed of upcoming workshops, sustainability products and resources - please complete your details below and return to NHS General Office.

Name: ________________________________________________
Home Phone Number: ___________________________ Mobile: ____________
Postal Address:  ________________________________________________
Suburb: ___________________________ Postcode: ____________
Email Address: ____________________________________________

Funded with the assistance of the Victorian Sustainability Fund ‘SUSTAINABILITY VICTORIA’
Northcote High Schools
Bumper Car Boot Sale
Sun Nov 25th, 2007 - 10am - 3pm

Northcote High School is hosting a Bumper Car Boot Sale and everyone is invited to join in. You can book your own space, clear out that cluttered storage area, under the bed, the shed and turn your trash into someone else's treasure.

You keep all your own profits! – the stall hire will assist our Senior Band on their upcoming tour of the West Coast of the USA.

Stalls will be available to the general community for just $30.

You can sell straight from the boot of your car or B.Y.O trestle table.

Coffee & light refreshments Will be available

Everyone loves a bargain so join in the fun!

If you would like to book a stall at our Car Boot Sale, please call Doris Pearse on 0439 825509 or return the slip below along with payment to: Northcote High School, St. Georges Rd, Northcote 3070.

Name:..............................................................................Contact Number:..........................................................

Address:................................................................................................................Enclosed: $.............................

PLEASE RETURN TO:
Northcote High School, St. Georges Rd, Northcote 3070 - For further details call Doris on 0439 825509
12th October 2007

Dear Parent

To update our medical records and complete our Asthma Action Plan commitments to the Department of Education and Training, we need to receive from all parents with children identified with Asthma their 2007/2008 SCHOOL ASTHMA ACTION PLAN.

Please complete the attached form and return it to Northcote High School. The form does need to be signed by parents/guardians of the student and if possible by your Doctor.

For further information you can visit the Asthma Victoria website on www.asthma.org.au.

Looking forward to hearing from you.

Yours sincerely

[Signature]

Gail Davidson
Principal
SCHOOL ASTHMA ACTION PLAN

Asthma First Aid Plan

Please tick (✓) preferred First Aid Plan:

Victorian Schools Asthma Policy for Asthma First Aid

1. Sit the student down and remain calm to reassure the student. Do not leave the student alone.

2. Without delay shake a blue reliever puffer (names include Ventolin, Airon, Astmol or Epara) and give 4 separate puffs, through a spacer (spacer technique - 1 puff / take 4 breaths from spacer, repeat until 4 puffs have been given).

3. Wait 4 minutes. If there is no improvement, give another 4 separate puffs, as per step 2.

4. Wait 4 minutes. If there is no improvement, call an ambulance (dial 000) immediately and state that "a student is having an asthma attack".

5. Continuously repeat steps 2 & 3 whilst waiting for the ambulance to arrive.

If at any time the student’s condition suddenly worsens, call an ambulance immediately.

OR

☐ Student’s Asthma First Aid Plan (if different from above)

• Please notify me if my child regularly has asthma symptoms at school.
• Please notify me if my child has received asthma first aid.
• In the event of an asthma attack at school, I agree to my son/daughter receiving the treatment described above.
• I authorise school staff to assist my child with taking asthma medication should they require help.
• I will notify you in writing if there are any changes to these instructions.
• I also agree to pay all expenses incurred for any medical treatment deemed necessary.

Parent’s / Guardian’s Signature: __________________________ Date _____ / _____ / _____

Doctor’s Signature: ____________________________________ Date _____ / _____ / _____

Doctor’s Provider Number: ______________________________

For further information about the Victorian Schools Asthma Policy, the Asthma Friendly Schools Program and asthma management please contact: Asthma Victoria, on (03) 9326 7068 or Toll Free 1800 645 130 or visit our web site www.asthma.org.au

Asthma Victoria is proudly supported by Blue Wind Energy.
SCHOOL ASTHMA ACTION PLAN

This record is to be completed by parents/caregivers in consultation with their child's doctor (general practitioner). Please tick (✓) the appropriate box and print your answers clearly in the blank spaces where indicated. This school is collecting information on your child's asthma so we can better manage asthma while your child is in our care. The information on this Plan is confidential. All staff that care for your child will have access to this information. It will only be disclosed to them to provide safe asthma management for your child at school. The school will only disclose this information to others with your consent if it is to be used elsewhere. Please contact the school at any time if you need to update this Plan or if you have any questions about the management of asthma at school. If no Asthma Action Plan is provided by the parent/carer, the staff will treat asthma symptoms as outlined in the Victorian Schools Asthma Policy, 2003.

Student's Name ________________________________

Gender M ☐ F ☑ Age ______ Date of Birth ______ Form/Class ______

Emergency Contact (e.g. Parent/Carer) ______ Relationship ______

Phone (H) ______ (B/H) ______ Mobile ______

Doctor's Name __________________________ Phone __________________________

Ambulance Subscriber Y ☐ N ☑ Subscriber no. __________________________

Medicare No. __________________________

PHOTO (optional)

USUAL ASTHMA ACTION PLAN

Usual signs of child's asthma

- Wheezing ______
- Tightness in chest ______
- Coughing ______
- Difficulty in breathing ______
- Difficulty speaking ______
- Other (please describe) ______

Worsening signs of child's asthma

- Increased signs of:
  - Wheezing ______
  - Tightness in chest ______
  - Coughing ______
  - Difficulty in breathing ______
  - Difficulty speaking ______
  - Other (please describe) ______

What triggers the child's asthma?

- Exercise ______
- Colds/Viruses ______
- Pollens ______
- Dust ______
- Other Triggers (please describe) ______

Does your child need assistance taking their medication? Y ☐ N ☑

Asthma medication requirements usually taken at school:

(Including preventers, symptom controllers, combination medication, medication before exercise)

<table>
<thead>
<tr>
<th>Name of Medication</th>
<th>Method (e.g. puffer &amp; spacer, turbuhaler)</th>
<th>When, and how much?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Is your child on regular preventer medication taken at home? Y ☐ N ☑