



Congratulations

Choosing a Victorian government school has opened an exciting window into your future. By now you will have your student visa and soon we will welcome you in person. This guide has information to help you get ready to travel and prepare for study in Victoria. Even though the information is mostly for you, your parents will also find this guide helpful and reassuring.

You might have already collected some information – perhaps about your new school, city of Melbourne highlights or living in Victoria. We want you to feel secure and happy from the moment you arrive. So, inside you'll find lots of useful tips about student life in Victoria and what to expect when you get here. There are also handy details like websites and phone numbers.

You're about to take an important step in life. We hope you find this guide helpful in getting to know your new school and home.

Welcome to Victoria

Minister's Welcome

It gives me great joy to welcome you to a Victorian government school and the Victorian education community.

By choosing to study at a Victorian government school, you will receive a world-class education.

You will be well looked after in our schools from the day you arrive. Each school has a dedicated staff member to provide you with welfare support 24 hours a day. Your teachers will support and equip you with the knowledge and skills to pursue your dreams.

Importantly, I know your classmates will enjoy having you study with them as you bring a wealth of new ideas, culture and languages to their own learning experience. I encourage you to get involved in extra-curricular activities to help you settle in and build relationships with your fellow students outside of the classroom.

I am confident that you will have a fulfilling educational experience and make lifelong friendships here with us in Victoria.

I wish you the best of success in your studies in Victoria.

Jan Mahi

The Hon. James Merlino MP Deputy Premier Minister for Education

1



What to bring

Before you pack, check with your airline about luggage size and weight limits. Don't forget to put a copy of your 'Arrival Information Support Sheet' in your hand luggage with your travel documents.

Clothing and personal items

Victoria has varied seasonal weather, so you'll need clothing to suit. Don't forget personal care and any uniform items you are bringing.

If you are staying in homestay accommodation, you won't need many household items. It's a good idea to pack photos of family and friends, favourite music or a small reminder of home.

Medicine

If you need regular medicine for a medical condition (like diabetes, asthma or eczema), pack this with your medical history and doctor's letter.

Money

Bring about AUD\$400 cash for unexpected or immediate expenses. You can find more information about banking on pages 4, 9, 10 and 24.

You can change foreign currency at the airport, shopping district currency exchanges or at any bank.

Should I bring food?

Australia has very strict rules about bringing food and other items like traditional medicine, plants and organic material into the country, in order to protect our environment. In many cases, these types of items will be confiscated at the airport, so you should try to avoid bringing them with you, and always declare what you do bring.

Australian Quarantine can advise you on what you can bring into Australia, and what you should declare: www.agriculture.gov.au/travelling/to-australia. Most international foods are available here, and your International Student Coordinator can help you find the food you need after you arrive.

If you do decide to bring something you are uncertain about, make sure you declare it on your quarantine form or ask a customs officer. Your bags will be screened at the airport, and sniffer dogs may be used to check your luggage for food and other prohibited items.









Before you pack



Your passport

Check your passport's expiry date. Make sure it's valid for the length of your student visa. Take two photocopies of your passport and visa. Keep one copy of each in a safe place, separate to the originals. Leave the second copies with your family, in case you lose the originals.



Booking flights

Wait until your student visa has been issued and tuition fees are paid before making travel plans. You should book flights to Melbourne International Airport soon after this. Once your flights are booked, email your itinerary to your Education Agent so that the International Student Coordinator at your new school can plan for your arrival.



Timing your arrival

To help you settle in, it is best to arrive up to one week before school begins. You must arrive before the first day of the school term (depending on your start date).

Note: To meet host family needs and visa requirements, homestay students should not arrive earlier than one week before the first day of school.



Returning home

You must stay in Victoria until one day after the school term ends. Your parents should write to the Department if you cannot arrive in time or need to leave early.



Your health

Your medical history is important to consider when travelling to Victoria. You should check the Australian Department of Immigration and Border Protection Health requirements before leaving home. This information is published online at www.immi.gov. au/allforms/health-requirements/

Ask your doctor for a letter that includes the technical name of, and reason for, any medicine you bring, or may need to buy in Australia. A documented medical history will ensure you get proper care in an emergency.



Personal insurance

You should take out travel insurance in case you need medical care on your way to Australia. You will also need to arrange Overseas Student Health Cover. This website has more information: www.studyinaustralia.gov.au/en/Study-Costs/OSHC/Overseas-Student-Health-Cover

We can arrange health cover for you and the application form included this choice. If you asked for cover, a health insurance card will be sent to your new school. Your insurance starts one week before your course start date, even if you don't have the card. This medical insurance provides basic cover, so make sure you understand any limits or conditions. Extended health insurance can be arranged once you arrive in Victoria. Your International Student Coordinator will help you with this, if required.



Banking

Tell your bank you are about to travel and arrange to access money overseas or make charges in foreign currency.



Mobile or cell phones

Ask your mobile phone or cell call carrier if your phone will work in Australia. You might need a new SIM or handset to use while you're here.



Your homestay family

Introduce yourself to your homestay family by phone or email. This way, you can get to know each other before you arrive. It's also a good chance for you to ask them any questions.



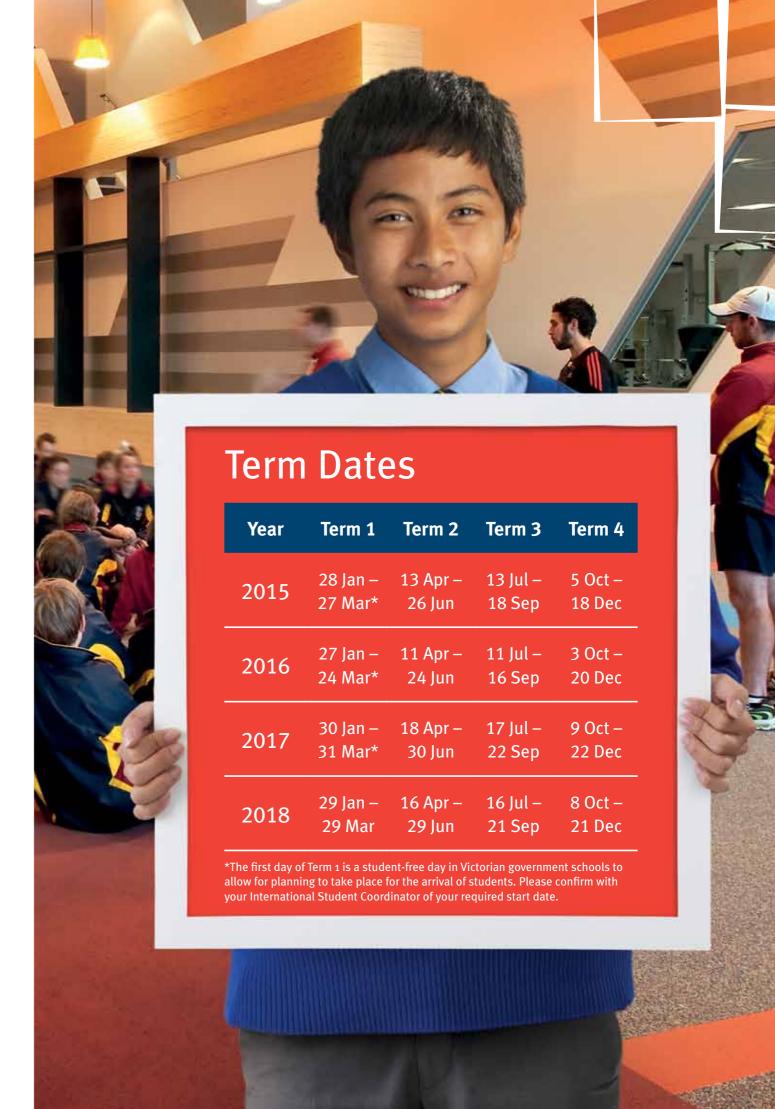
School uniform

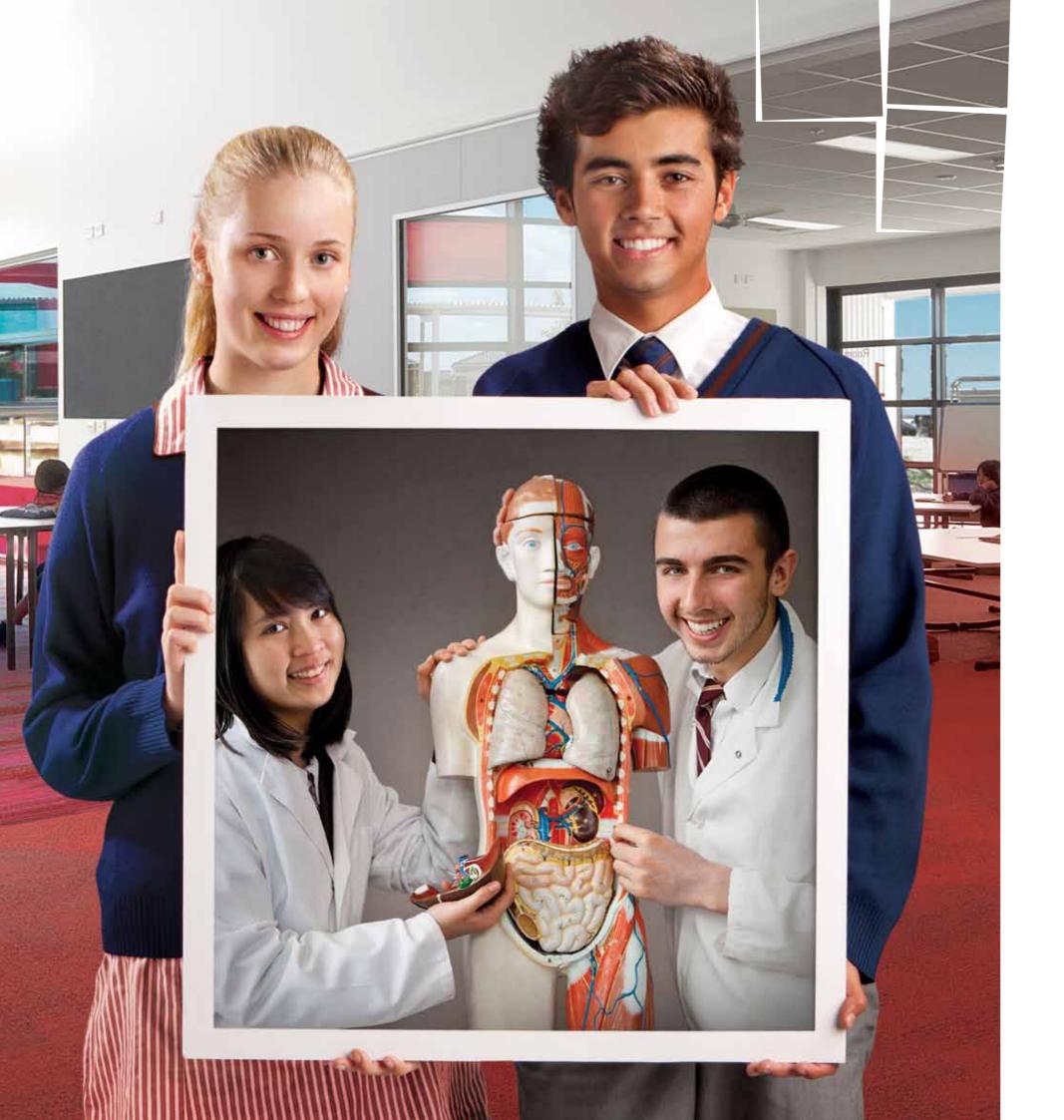
Visit your new school website for uniform information. You may find it cost effective to bring some items with you (e.g. shoes).



Customs and quarantine

The Australian Customs and Border Protection Service has strict rules about what you can bring into Australia. These include how much money you can carry, vitamins and medicines (pharmacy or natural/traditional), food items, pets and animal products. There is an online guide to Australian Customs requirements at www.customs.gov.au/knowbeforeyougo/default.asp





Pre-travel checklists

Getting ready to travel

Student visa issued and any conditions noted.

o2 Passport current until your student visa expires.

A copy of your passport and visa stored safely and left with family.

Flight is booked to arrive within one week of term start.

New school notified of arrival details, so someone can meet you at the airport.

Obtain medical history and doctor's letter if needed.

Travel and medical insurance is arranged.

08 Bank alerted you will be making transactions in Australia.

Mobile phone service availability in Australia and charges checked.

Visited school website for uniform information.

What to pack

Luggage complies with your airline's size and weight limits.

Travel documents and 'Arrival Information Support Sheet' in hand luggage.

Any standard school uniform items (e.g. black shoes).

o4 Suitable clothing for Victoria's seasonal climate.

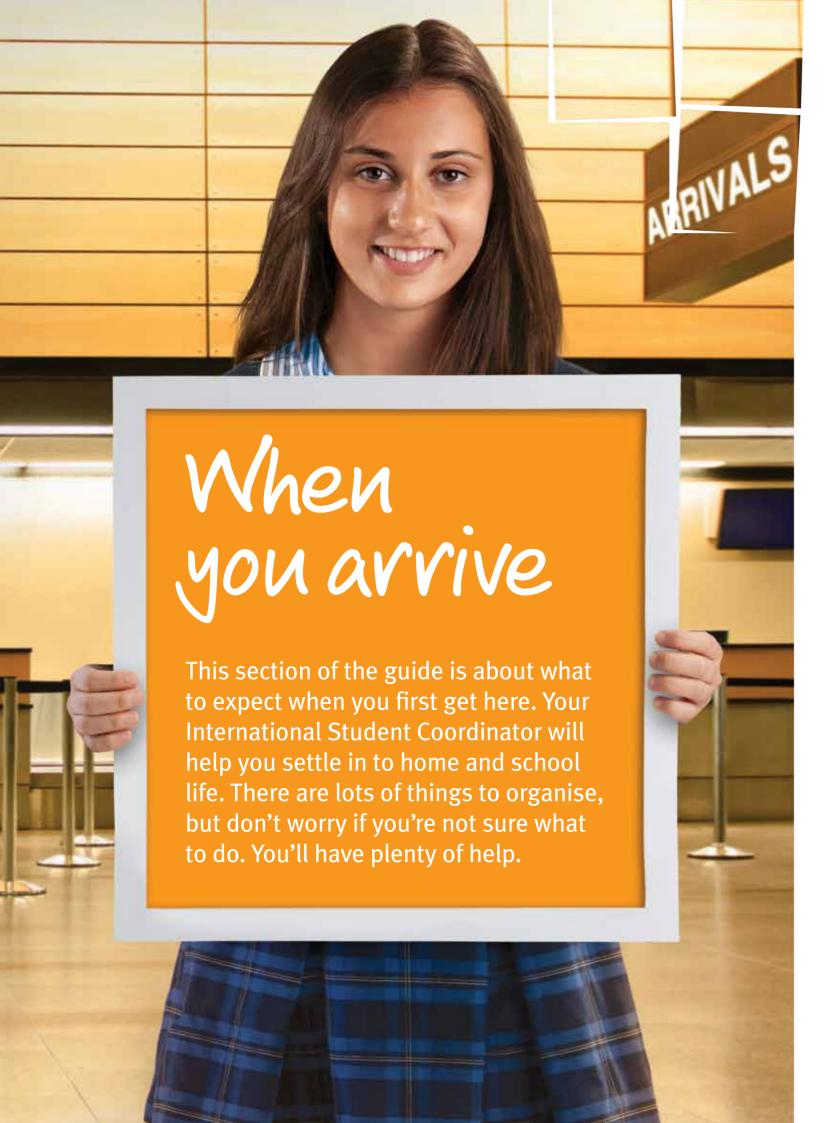
Medical history, doctor's letter and any regular medicine.

Copies of travel and medical insurance documents.

Around AUD\$400 in cash.

A reminder of home, photos and favourite music.

No banned items.



Arrival

Getting ready to land in Melbourne is exciting. Listen to any information the airline gives you about Australian customs and immigration. That way you'll pass through quickly to find a friendly face waiting for you.

At the airport

If you will be living with a homestay family, you may need the Arrival Information Support Sheet packed in your hand luggage now. It tells you who will greet you at Melbourne International Airport and where to meet. Your homestay address and an emergency phone number are included in case there are any problems.



Homestay

The person who meets you at the airport will hold up a sign with your name on it, so they'll be easy to find. They will take you to your homestay family where you can get to know everyone.



Phoning home

You'll probably want to phone your parents when you arrive in Australia. If your mobile or cell phone carrier has service from Australia, you may like to use your own handset. Otherwise, ask your homestay family about using their landline phone.



Accessing money

If you need money when you first arrive, it's easiest to use your bank or credit card. Almost all Automatic Teller Machines (ATMs) in Australia accept 'PLUS', 'Maestro' and 'Cirrus' cards. Check the back of your card for one of these internationally recognised logos.



Things to organise



Keeping in touch

Even if your mobile or cell phone has service, it will be more cost effective to purchase an Australian SIM card. You can do this at most supermarkets and shopping centres.

Your homestay family may agree to you repaying them for international calls made from a landline. Even so, it is still best to ask every time you use the phone to avoid misunderstandings.

International call cards are also easy to buy. They allow you to make cheap international phone calls.

When your parents contact you in Australia they should use the +61 prefix. There's no need to dial the zero (0) before the Victorian area code or your mobile number. So, family should dial 61 3 (8 digit local number) for a landline or 61 (9 digits starting at 4) for your mobile. This information is published in your homestay family telephone directory and online at www.timeanddate.com/worldclock/dialing.html?p2=152



Moving around

Victoria's public transport system uses electronic prepaid ticketing. If you will be travelling by train, tram or bus, you will need a MYKI card. These are sold at train stations, retail outlets and online.



Internet and computers

Most homestay families have a computer you can use for internet access. It's a good idea to buy a prepaid wireless modem to keep your costs separate.

You'll find computers with free internet access at school and public libraries. You can pay a small fee to go online at internet kiosks or cafes located in shopping centres and near universities.



School supplies

Soon after you arrive, you'll need to buy a school uniform, text books and other school supplies (like a lunch box or stationery). Your International Student Coordinator will help you with this.



Your bank account

You will be in Victoria for an extended time, so it's best to open an Australian bank account. Your International Student Coordinator can help you to do this. Once your account is open, you or your parents can transfer money from home. If you plan to get a part-time job, wages can be paid into it as well. It's better not to bring large amounts of cash into Australia; however, if you do, your International Student Coordinator can put this in the school safe until you open a bank account.

When I first heard that I was coming to Australia I was excited! It had been my dream ever since I was a little kid and it finally became true.

I felt like I was very lucky! Fitting into the new school and making friends are easy if you don't take things too seriously, as Australians tend to be quite easy going and they joke a lot.

Katlyn (Thi Hoang Anh) Nguyen11A (Vietnam)

I have been an International **Student Coordinator for many** years. It is a vital part of my role to make students feel comfortable, safe and happy. I meet with every student when they arrive and tell them they can ring me anytime about any concerns. I know all the homestay families and together we help students understand local transport, banking and shops. The student is taken to their English Language Centre on the first day, and they usually make friends very quickly. Later I help students confirm their subject selection, buy their school uniform and books.

It is important for students to know they can ask questions and everyone is willing to help! If it's difficult to speak and understand the Aussie language at first, I can always find a translator.

 Lois Kruger International Student Coordinator (Strathmore Secondary College)





Lifestyle and culture





Homestay

If you will be living with a homestay family, you will already have lots of information about the benefits. Earlier in the guide, we also covered what you need to bring. Host families are carefully selected by your school and some have been hosting international students for many years. You'll find your homestay family warm, welcoming and active in the local community. They will ensure you feel safe and happy so you can make the most of your time in Victoria. Your host family may even have children attending the same school as you.

Entertainment, activities and fun

You are coming to Victoria for a quality education, but your time here can also be fun and exciting. Your school friends and homestay family will want you to share in many fun activities nearby and across Victoria. Your new friends may be active outdoors (e.g. bike riding and swimming), enjoy eating out, movies or exploring the city. You may be invited to join a sports team, local church, music or drama group. Victorians are also passionate about the Australian

Football League (AFL) and may eagerly encourage you to attend a match or choose a team to follow.

Food and meals

Most Australians enjoy food from all over the world and regularly cook international dishes at home. Your homestay family will be eager to learn your favourite foods, and maybe cook some with you.

The typical daily meals Australians eat are shown in the table below:





Breakfast

A morning breakfast of toast, cereal, fruit and tea or coffee before school or work.



Lunch

Lunch of sandwiches, soup or salad is mostly a half or one hour break between 12pm and 2pm.





Evening meal

A main meal in the evening that is usually something hot and filling.

Climate and general information

Personal safety

Victoria is a friendly, safe and multicultural community. You'll find Melbourne clean, quiet and welcoming. No matter how small your question, if you're ever concerned ask a teacher, your homestay family or International Student Coordinator. They're here to help you feel safe and happy. You'll also have access to student support services, including emergency phone numbers.

The sun and surf are enjoyable for visitors and locals alike but can also be risky. You should always be careful to protect your skin, especially at the beach or pool. The Australian sun can be very hot in summer and, unlike other countries, the Ultra Violet (UV) index may be high throughout the year. Long-sleeved clothing, sunscreen and a hat are important, especially during the hottest part of the day. Always choose a patrolled surf beach for swimming, where lifesavers are on duty. If you can't swim, tell your homestay family or the friends who invite you to the pool or beach so they can keep you safe. There's more information about beach safety online at www.beachsafe.org.au/ Visiting the beach

Time difference

Victoria is within the Australian Eastern Standard Time GMT+10 (AEST) international time zone. In the warmer months of the year, clocks are moved forward for one hour for Daylight Saving. You can find out the time difference any time of year at www.timeanddate. com/worldclock

Public holidays

Victorian public holidays are published online at www.vic. gov.au/Victorian-Public-Holiday-Dates.html

Working in Victoria

Your international student visa lets you work while you study. If you decide to take a part-time or casual job, you must begin your studies before starting work. You can then work up to 40 hours per fortnight during the academic terms and full-time during holidays.

Because working outside school hours can affect your studies, you should wait until at least Term 2 to find a job. This gives you time to settle into a study routine. We recommend you only work on weekends, leaving week nights free for homework and study. Your International Student Coordinator can help you get an Australian Tax File Number. Any reputable employer will need this information before you can start work. 'Cash-in-hand' or 'off-thebooks' jobs are illegal and leave you without proper protection, so don't accept this type of work.

Visits from home

Your parents are welcome to visit Victoria while you are studying here. Tell your International Student Coordinator if your family plan to visit. They can suggest any special dates at school your parents might like to be here for. Parents aren't able to stay with your homestay family, so they'll need to arrange their own airport transfers and accommodation. Your International Student Coordinator will know the hotels and apartments close to school.



School and casual clothing

Most schools have a uniform or dress standard that you will need to wear to classes, school events and sport days. You may also need to wear a uniform if you take a part-time job. Outside of school and work, clothing is your own personal choice. Australians are accepting of other cultures, so you'll often see people from other countries dress according to their culture or religion.

Summer essentials:



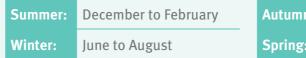
Winter essentials:





Compared to many places, the Victorian climate is mild and comfortable. Weather can change quickly though, sometimes more than once a day. This is a chart of average daily maximum temperatures. These vary by location, e.g. closer to the mountains will naturally be cooler. You can find more Victorian weather information at the Bureau of Meteorology website: www.bom.gov.au

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Average maximum temperature (°C)											
25.9	25.8	23.9	20.3	16.7	14.1	13.5	15.0	17.2	19.7	22.0	24.2
Average minimum temperature (°C)											
14.3	14.6	13.2	10.8	8.6	6.9	6.0	6.7	8.0	9.5	11.2	12.9
Average rainfall (mm)											
47.6	48.0	50.4	57.3	55.8	49.0	47.5	50.0	58.1	66.4	60.4	59.5
Seasonal climate Victoria's mild climate offers plenty of opportunity for outdoor activity and an active, healthy lifestyle. Like all countries in the southern hemisphere, Australia's seasons follow the sequence:											



Autumn: March to May September to November Spring:







Transport and getting around

You'll find Melbourne simple to get around using the excellent public transport system.

A network of trains, trams and buses gives you access to school, home, the city centre and other popular places. V-Line trains and buses make your travel connections between Melbourne and around Victoria easy. You could also walk, ride a bike or travel in your homestay family car.

There's more information about Melbourne public transport at http://ptv.vic.gov.au and you'll find V-Line services at www.vline.com.au

When I first came to Melbourne I found it really hard to adapt, but as soon as I met my homestay and made friends, I just loved this country. And my homestay makes me happy, comfortable as if I was at home or in Vietnam.

Also my friends at school are friendly and they help me a lot whenever I have trouble with school work.

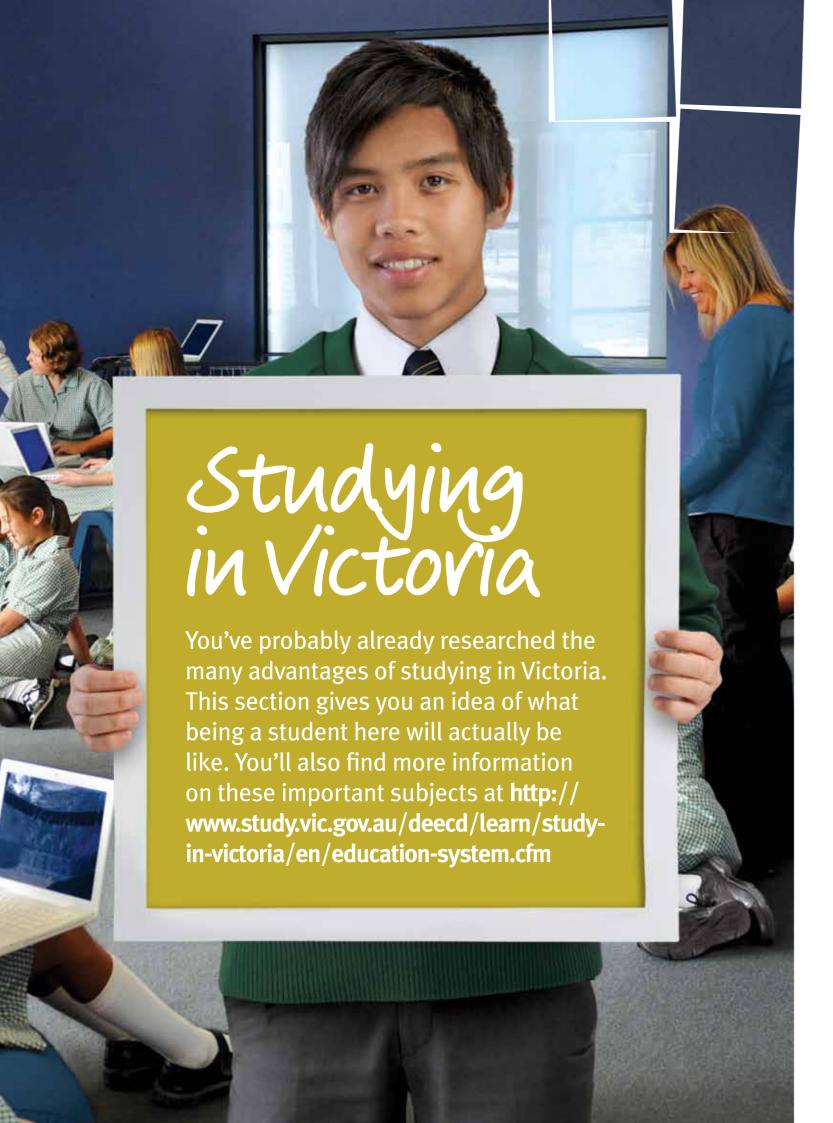
I found that all international students find it hard to adapt when they first come but soon they realise they belong to this country.

- Nvuyen Ha 11D (Vietnam)









Victorian school system





The Victorian school system has a great reputation for bringing out the best in everyone. Soon you'll be benefiting from its diverse curriculum and dedicated teachers.

The school year

School classes are held Monday to Friday from around 8:30am to 3:30pm. Typically, students move from classroom to classroom, rather than staying in one room.

Usually there is one short and one long break, for morning tea and lunch.

Learning spaces

The classroom is wherever a teacher thinks students will learn best. You may find teachers use a variety of learning spaces, even a park, zoo, museum or gallery. You will learn independently and in group situations, both in the classroom and outside class time (e.g. homework and exam study).

Classroom teaching is interactive and exciting and you will find yourself learning in many different ways. In the classroom you'll have the chance to join energetic discussions, ask lots of questions and enjoy the positive support of others.

Students and teachers

You may find Victorian classrooms more relaxed than your last school. Even though teachers are friendly and approachable, the student—teacher relationship is still based on respect. For example, you will use the teacher's title and surname, such as Dr, Ms, Mr or Mrs Jones. Teachers will call you by your first name.

Your teachers will support, challenge and inspire you. They are easy to talk to and will treat you with respect. Teachers will always help if there's something you don't understand.

An International Student Coordinator will give you any extra support you need, for both your school and home life.

A Day in Secondary School

8.30am	Class begins				
8.30am - 9.25am	Teaching period 1				
9.25am - 10.15am	Teaching period 2				
10.15am - 10.45am	Recess				
10.45am - 11.35am	Teaching period 3				
11.35am - 12.20pm	Teaching period 4				
12.20pm - 1.20pm	Lunch time				
1.20pm - 2.10pm	Teaching period 5				
2.10pm - 3.00pm	Teaching period 6				
3.00pm	Study support / Home time				

Your academic progress

Your school will keep in regular contact with your parents so they'll know about your academic progress and how you are in general.

Most schools invite parents living in Australia to parent–teacher interviews at least twice during the year. Your school may arrange phone interviews, and many International Student Coordinators also travel to meet with parents overseas. Your parents will also receive translated school reports. It's important to keep home address details current and provide your parents' email address, if they have one.

Your International Student Coordinator is your family's first point of contact. Parents can phone your school at any time to speak with them. The International Education Division at Victoria's Department of Education and Early Childhood Development may also be contacted on +61 3 9637 2990.

Education program and assessment

In Victoria, your course of study is taught according to the 'Year' of learning. From Prep to Year 10, you will learn under the Victorian Essential Learning Standards. Years 11 and 12 students study for the Victorian Certificate of Education (VCE). Exams and assessments monitor your progress throughout each curriculum and at the end of Years 10, 11 and 12. Your school will also offer a choice of extracurricular activities and experiences, such as excursions and various sport and musical activities.











Services

Studying in Victoria

Emergency - Police, Ambulance, Fire

Ask for Police, Ambulance or Fire. This is a free call and an interpreter is available if you need one.

Dial: 000

Dial: 112 (from mobile)

Dial: 106 (from TDD text phones)

Non-urgent - Police

Dial: 9247 6666

Crime Stoppers

Dial: 1800 333 000 Web: police.vic.gov.au

Find a telephone number

Dial: 1223 (free call) Web: whitepages.com.au Web: yellowpages.com.au

Australian Taxation Office

Apply for a Tax File Number

Dial: 132 861 Web: ato.gov.au

Victoria Legal Aid

Legal information service

Dial: 1300 792 387 Web: legalaid.vic.gov.au

Foreign Embassies in Australia

Dial: 02 6261 1111 Web: dfat.gov.au

International Education Division

Dial: 9637 2990

Victorian Government Schools International Student Program

Web: www.study.vic.gov.au

Tertiary Entrance

Web: www.vcaa.vic.edu.au/Pages/faqs/ vcecurrentstudents.aspx

Victorian Certificate of Education (VCE)

For more information on study assessment

Web: www.vcaa.vic.edu.au/Pages/vce/index.aspx



Health and medical

Health Insurance

Web: www.studyinaustralia.gov.au/global/ live-in-australia/insurance

Nurse on Call

Dial: 1300 606 024

Victoria Poisons Information Centre

Dial: 13 11 26

Lifeline Australia

A 24-hour crisis support on suicide prevention

and mental health services:

Dial: 13 11 14 Web: lifeline.org.au









Migration and visas

Department of Immigration and Border Protection

Dial: 131 881 Web: immi.gov.au

Money and banking

Web: banks.com.au **Web:** moneysmart.gov.au



Transport

Road maps and directions

Web: street-directory.com.au

Melbourne Airport

Air travel – international and domestic:

Dial: 9297 1600

Web: melbourneairport.com.au

Melbourne Airport Bus

Skybus operates between Melbourne Airport and

the city centre:

Web: skybus.com.au

Taxi services

Dial: 132 227

Web: victaxi.com.au/taxi-customers/hiring-a-taxi.aspx

Public transport

PTV

Dial: 1800 800 007 **Web:** ptv.vic.gov.au

VLine

Web: vline.com.au



Tourism

Around Victoria

Web: visitvictoria.com

In Melbourne

Web: Thatsmelbourne.com.au **Web:** visitmelbourne.com

Live and work in Victoria

To find out more about living and travelling in

Victoria

Web: liveinvictoria.vic.gov.au

City of Melbourne international student guide

Tips for making the most of being a student in Melbourne:

Web: www.melbourne.vic.gov.au/CommunityServices/ ForYouth/InternationalStudents/Pages/ InformationInternationalStudents.aspx



Useful websites

Australia Post

Lists Australian postcodes and post

office locations: **Web:** auspost.com.au

Time and date

Compares the time in your home country to the

current time in Victoria:

Web: timeanddate.com/worldclock/

Cost of living

For an up-to-date estimate of student fees and costs: **Web:** www.study.vic.gov.au/Intstu/fees.htm







We hope the information in this guide is useful in preparing for your studies in Victoria. Don't forget to visit the websites we've given you to make the most of living in Victoria and Melbourne.

If you have any questions or need some help, contact the International Education Division on +61 3 9637 2990 or your school's International Student Coordinator.

Good luck with your preparations and we look forward to welcoming you to Victoria very soon.

Published by the International Education Division **Department of Education and Training**

September 2015

© State of Victoria (Department of Education and Training) 2015

The copyright in this document is owned by the State of International Education Division Victoria (Department of Education and Training), or in the case of some materials, by third parties (third party materials). No part may be reproduced by any process except in accordance with the provisions of the Copyright Act 1968, the *National Education Access* Licence for Schools (NEALS) or with permission.

An educational institution situated in Australia which is not conducted for profit, or a body responsible for administering such an institution, may copy and communicate the materials, other than third party materials, for the educational purposes of the

Authorised by the Department of Education 2 Treasury Place, East Melbourne, Victoria, 3002. ISBN 978-0-7594-0700-8

If you would like to receive this publication in an accessible format, please telephone 1800 809 834, or email edline@vic.gov.au

This document is also available on the internet at www.study.vic.gov.au

For information including how to apply visit our website, www.study.vic.gov.au or contact a registered tour operator in

Department of Education and Training

CRICOS Provider Code: 00861K

Tel: +61 3 9637 2990 Fax: +61 3 9637 2184

Email: international@edumail.vic.gov.au

Web: www.study.vic.gov.au

